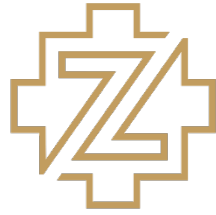


Breakfast



ZAMPAS

Breakfast

The Zampas Full Irish

Crispy Bacon, Rare Breed Pork Sausages, Black & White Pudding, Slow Roast Plum Tomato

Grilled Portobello Mushroom & Free-Range Fried Egg (1,3,7,12)

15.00

Rainbow Quinoa Breakfast Bowl

Soft Boiled Eggs, Kale Pesto, Cherry Tomato, Fresh Avocado & Walnuts (3,7,8)

12.50

Add Smoked Salmon (4) +3 Supplement

Flahavans Porridge

Made with Water or Milk (1,7)

6.50

Free Range Egg Omelette (3)

Irish Bacon, Smoked Cheddar, Spring Onion, Cherry Tomato, Mushroom, Spinach, Smoked Salmon (4)

12.50

Light & Fluffy Sweet Potato Pancakes

Caramelized Banana, Pecans, Crispy Irish Bacon & Maple Syrup

12.50

Allergens (1) Cereal containing gluten / (2) Crustaceans / (3) Eggs / (4) Fish / (5) Peanuts / (6) Soybeans / (7) Milk / (8) Nuts / (9) Celery / (10) Mustard / (11) Sesame Seeds / (12) Sulphur Dioxide and Sulphites / (13) Lupin / (14) Molluscs

